



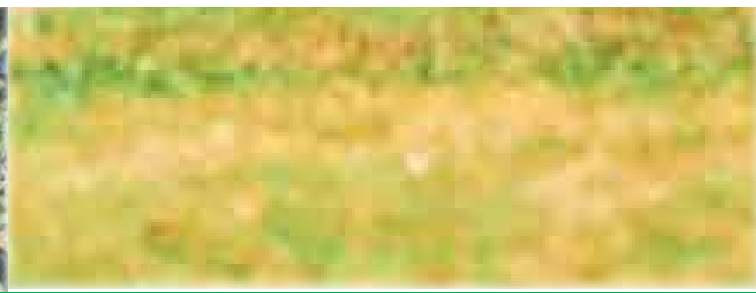
Men of Steel: Consistency, Class, and Championship Mentality

*The Rise of the Consistent Elite
At the very top, Zimbabwean men's athletics*

Ngoni Makusha — The Benchmark of Excellence

- *Gold in the Senior Men's 100m (10.44s)*
- *Gold again in the 200m Final (20.66s)*

Makusha is dominating across sprint disciplines, showing the hallmark of a seasoned athlete who understands championship racing.



PASSION • PROGRESS • PRIDE

National Athletics Association of Zimbabwe

Office 86, 10TH Street, Gweru **Contact Details:** +263 773 508 621, +263 784 679 659 & +263 772 376 067 **Email:** marketing@naaz.org.zw **Web:** www.marketing@naaz.org.zw

With targeted investment, Zimbabwe's female athletes can rapidly bridge the global gap.
Takudzwa Manhanga — Relentless Competitor

- Silver in both 100m (10.63s) and 200m (20.96s)

His consistency across events signals a dangerous competitor on the continental stage — always present, always pushing.

Trey Chimunya — The Symbol of the Next Generation

Among the most exciting stories is that of Trey Chimunya (Tawananyasha Chimunya) — a name that continues to appear at the very top.

- Junior Men's 100m Final – Silver (10.54s)
- Junior Men's 200m Final – Silver (20.78s)

What makes Trey special is consistency across events and the ability to deliver in finals

A New Sprint Dynasty in the Making

The junior men's sprints are stacked with talent:

- Arab Chimuchembere – Gold in 200m (20.68s) and Silver in 100m (10.54s range)
- Tawananyasha Chimunya (Trey) – Always on the podium
- Takudzwa Mbonyeke – Regular finalist and podium contender
- Munashe Kwambana – Consistent top-tier finisher

400m Powerhouses: Strength Meets Strategy

The men's 400m events revealed serious depth:

- Derrick Matutu dominated the senior category with 46.51s
- Juniors like:
 - o Emmanuel Uriga (47.17s)
 - o Tawananyasha Mukarati (48.07s)
 - o Mahungu Trust (48.18s)

These are high-quality times, pointing toward relay strength and future international competitiveness.

Middle Distance Intelligence

- Kelvin Bvekerwa controlled the 800m Final (1:52.63) with authority reflects race intelligence and tactical maturity, critical for championships.

Championship Temperament

Athletes like Makusha, Manhanga, and Trey perform when it matters most.

And at the center of it all are names like:

- Ngoni Makusha – the standard
- Takudzwa Manhanga – the challenger
- Trey Chimunya – the future

Together, they form a powerful narrative:

. Top 15 Athletes to Watch – Zimbabwe Athletics 2026

MEN – The Standard Setters & Rising Force

1. Ngoni Makusha
The benchmark of Zimbabwean sprinting — double gold (100m & 200m).
2. Takudzwa Manhanga
The ultimate challenger — consistently on the podium across sprint events.
3. Trey Chimunya (Tawananyasha Chimunya)
The future star — consistent finalist in both 100m & 200m.
4. Arab Chimuchembere
Explosive speed — 200m champion and top-tier sprinter.
5. Derrick Matutu
400m powerhouse — elite time of 46.51s signals international readiness.



Tactical master — dominant 800m performer with championship composure.

7. Munashe Kwambana

Consistent junior performer — always in contention in sprint finals.

WOMEN - The Rising Queens of the Track

8. Olivia Lunga

Senior 100m champion — calm, composed, and commanding.

9. Delight Maravanyika

Sprint sensation — podium finishes in both 100m & 200m.

10. PraiseGod Nyamulepa

Explosive junior sprinter — consistently among the fastest.

11. Shalom Sendi

Junior 100m champion — raw speed and big-match delivery.

12. Thembelihle Ncube

400m champion — strength, endurance, and race control.

13. Polite Moyo

Middle-distance leader — dominant in the 800m.

14. Nokutenda Daniel

Consistent sprint finalist — always competitive at the highest level.

15. Anesu Nyahuma

400m standout — one of the fastest emerging quarter-milers.

